

Jan. 19, 2014

Transcription Shannon

Introduction: A video in which Shannon describes her experience with accommodation for a chronic health condition.

What impact has your disability had on your college or university experience?

Here at UNB, my experience has been a lot different than high school. In high school, I had a photographic memory, but after my head injury, coming here I've had a really hard time concentrating, studying is extremely difficult, my memory is failing, I have migraines all the time but somehow I've been able to beat the odds and succeed. Thankfully I've had help from friends and family and especially the services here at UNB. It's amazing to be here four years later and be about to graduate.

What accommodation measures have you received to help you succeed in your studies?

UNB has offered multiple services for me to help me succeed at UNB. We have the Student Accessibility Centre offering additional time on my exams in case I get migraines and have to take a little breather before I can complete my midterms or finals. They also offer me the opportunity to write in a room by myself with the lights off so that I can reduce the possibility of getting a migraine or any sort of headache. I also have the option to get extensions on papers and assignments in case I have a rough week where my head has just had too much and I need a little bit of extra time to complete my assignment and make sure that I get the marks that I deserve.

What other things have helped you overcome your challenges and be successful in your college or university life?

Everybody wants to help you succeed, from your professors to your classmates, your friends, your family, everybody's helped me—my friends and family back home, my friends and family here, my professors and my friends that I live with and the Student Accessibility Centre. All the resources on campus that we have, I've used them to the full extent—the Writing Centre, the Math Help Centre; I've used everything to help myself succeed. I've taken advantage of everything that we have on campus—all the resources that I pay for with my tuition, I try to take advantage of to help me succeed. But most importantly, I think it would be the Student Accessibility Centre—they've been there for me through thick and thin and without them I don't think I would be able to make it past graduation.