The global seafood industry is at a crossroads. As capture fisheries stagnate in volume, they are falling increasingly short of a growing world demand for seafood. It is anticipated that by 2030, there will be a 50-mmt to 80-mmt seafood deficit. This gap will likely not be filled by capture fisheries, but by aquaculture operations, which already supply almost 50% of the seafood consumed worldwide.

Consequently, it is imperative to design the responsible aquaculture practices of tomorrow that maintain the integrity of ecosystems while ensuring the viability of this sector and its key roles in food provision, safety and security.

The majority of aquaculture production still originates from relatively sustainable extensive and semi-intensive systems. However, the rapid development throughout the world of intensive marine-fed aquaculture of carnivorous finfish and shrimp, and to a lesser extent some shellfish aquaculture, is associated with concerns about the environmental, economic and social impacts that these often monospecific practices can have, especially where activities are highly geographically concentrated or located in suboptimal sites whose assimilative capacities may be poorly understood and, consequently, prone to being exceeded.

Monoculture Concerns

For many marine aquaculture operations, monoculture is, spatially and managerially, often the norm. Species are cultivated independently in different bays or regions. Consequently, the two different types of aquaculture – fed versus extractive

---

**Summary:**

Integrated multi-trophic aquaculture involves cultivating fed species with extractive species that utilize the inorganic and organic wastes from aquaculture for their growth. The mix of organisms of different trophic levels mimics the functioning of natural ecosystems. All the cultivation components have commercial value, as well as key roles in recycling processes and biomitigating services. Some of the externalities of fed monoculture are internalized, increasing the overall sustainability and long-term profitability of aquaculture farms.

To continue to grow, the aquaculture sector needs to develop more innovative,
responsible, sustainable and profitable technologies and practices, which should be ecologically efficient, environmentally benign, product-diversified and societally beneficial. Maintaining sustainability, not only from an environmental, but also economic, social and technical perspectives, has become a key issue, increased by the enhanced awareness of demanding consumers regarding quality, traceability and production conditions.

**IMTA: Flexible, Functional**

Integrated multi-trophic aquaculture (IMTA) has the potential to play a role in reaching these objectives by cultivating fed species (e.g., finfish fed sustainable commercial diets) with extractive species, which utilize the inorganic (e.g., seaweeds) and organic (e.g., suspension and deposit feeders) excess nutrients from aquaculture for their growth.

The IMTA concept is extremely flexible. To use a musical analogy, IMTA is the central/overarching theme on which many variations can be developed according to the prevailing environmental, biological, physical, chemical, societal and economic conditions where the IMTA systems are operating. It can be applied to open-water or land-based systems, and marine or freshwater systems (sometimes called “aquaponics” or “partitioned aquaculture”). Integration should be understood as cultivation in proximity, not considering absolute distances but connectivity in terms of ecosystem functionalities. The IMTA concept can be extended within very large ecosystems.

**Diversification Needed**

The saying “Do not put all your eggs in one basket,” which applies to agriculture and many other businesses, should also apply to aquaculture. Having excess production of a single species leaves a business vulnerable to sustainability issues because of fluctuating prices in what become commodity markets and the possibility of catastrophic crop destruction due to diseases or damaging weather. Consequently, diversification of the aquaculture industry is advisable for reducing economic risk and maintaining sustainability and competitiveness.

From an ecological point of view, diversification also means cultivating more than one trophic level, i.e., not just raising several species of finfish in polyculture, but adding into the mix organisms of different and lower trophic levels, such as seaweeds, shellfish, crustaceans, echinoderms, worms and bacteria chosen according to their complementary roles in the ecosystem and their established or potential commercial value. This approach mimics natural ecosystems.

**Ecosystem Approach**

Evolving aquaculture practices will require a conceptual shift toward understanding the working of food production systems rather than focusing on technological solutions. One of the innovative solutions promoted for environmental sustainability, economic stability and societal acceptability is IMTA.

The aim is to increase long-term sustainability and profitability per cultivation unit, not per species in isolation, as is done in monoculture. The wastes of a fed animal crop are not lost but recaptured and converted into fertilizer, food and energy for the other crops (extractive plants and animals). These, in turn, can be harvested and marketed as healthy seafood, while biomitigation takes place through partial removal of nutrients and carbon dioxide, and production of oxygen.

In this way, all the cultivation components have commercial value, as well as key roles in recycling processes and biomitigating services. Some of the externalities of fed monoculture are internalized, hence increasing the overall sustainability, long-term profitability and resilience of aquaculture farms.

**Biomitigation Value**

A few economic analyses have indicated that the outlook for increased profitability through IMTA is promising. However, these analyses were based solely on the commercial values of harvested biomass and used conservative price estimates for the co-cultivated organisms based on known applications. One aspect not factored into these analyses was the fact that the extractive component of an IMTA system not only produces a valuable multi-purpose biomass, but also simultaneously renders waste reduction services to society.

It is particularly important to recognize that once nutrients have entered coastal ecosystems, not many removal options are available. The use of extractive species is one of the few realistic and cost-effective options. The economic values of the environmental services of extractive species should, therefore, be counted in the evaluation of IMTA components.

**Nutrient Trading Credits**

To improve the sustainability of anthropogenic nutrient-loading practices such as aquaculture, incentives such as nutrient trading credits (NTCs) should be established as a means to promote nutrient load reduction or nutrient recovery. During the last few years, there has been much talk about carbon credits. However, within coastal settings, the concerns have largely been about nitrogen, due to the fact that its typical role as a limiting nutrient is no longer the case in some regions.

The potential effects of carbon loading in the marine environment should also be considered. Localized benthic anoxia and, consequently, hydrogen sulfide release can occur when solid waste deposition rates exceed aerobic decomposition rates. Ocean acidification due to increased dissolved carbon dioxide levels has also prompted serious new concerns.

With an appropriate composition of co-cultured species, IMTA has the potential to reduce the amounts of dissolved inorganic and solid organic forms of nitrogen, carbon and phosphorus, making extractive aquaculture a good candidate for NTCs or another suitable approach to deal with the pressing issues of coastal nutrient loading.

Interestingly, the removal of nitrogen could be about 100 times more lucrative than that of carbon. The cost of removing nitrogen is not clearly defined, but studies may help define a range of possible prices for economic evaluation of the NTC concept. The cost of removing 1 kg of nitrogen varies between U.S. $3 and $38 at sewage treatment facilities, depending on the technology used and the labor costs in different countries. The municipality of Lysekil in Sweden is paying approximately $10/kg removed by the filter-feeding mussel, *Mytilus edulis*, to the farm Nordic Shell Produktion A.B.